HOW TO MAKE A FACE MASK WITH TIES

SUPPLIES FOR 1 MASK:
- One (1) 8” x 14” piece of cotton fabric
- Two (2) 2” x 34” strips
- Thread & sewing machine

PREPARE THE MASK:
- On 8” x 14” piece, right sides together, sew ¼” seam, creating tube.
- Turn right sides out, press seam and fabric.
- Make 3 pleats, approx. 1” each in size, using steam or pins to hold. Mask will be approx. 3” – 3.5” width.
- Sew ¼” seam on each side of mask, securing pleats.
- Trim seam allowance.

PREPARE THE TIES:
- Fold in half and press (1”). Open tie back up.
- Fold each edge in to meet middle (1/2”) and press.
- Fold in half again, securing raw edges inside and press. Each tie will be approx. 1/2” width.

ASSEMBLY:
- Align center of tie with side of mask, open tie so edge of mask fits snugly inside. Pin.
- Sew tie to mask. Seam will be very short, get as close as able while still catching all fabric. You are just attaching the mask to the tie at this point, not sewing the whole tie yet.
- Repeat for other tie and other side of mask.
- Sew down edges of tie, securing raw edges inside. Seam is very short. You will stitch over where mask is already attached. This is good because it helps reinforce.
- Repeat for other tie and other side of mask.
- Clip any stray fabric.