HOW TO MAKE A FACE MASK WITH TIES

SUPPLIES FOR 1 MASK:
- Two or Three** 9” x 6” pieces of cotton fabric, different patterns/colors recommended
- Four 15” jersey knit ties
- Thread
- Iron and ironing board
- Sewing machine

PREPARE THE TIES:
- Trim the hemmed edge from a clean t-shirt, and cut a large rectangle from the front and back of the shirt.
- Cut two 1” strips, length-wise, from the rectangles.
- Pull the strips gently to stretch and curl the fabric.
- Cut the curled ties to 15” each. You will have four ties.
- Tip: if you are planning to make multiple masks, make several sets of ties at one time from each shirt you use, and have them available to speed along the assembly of other masks.

ASSEMBLE THE MASK:
- Place one or two** piece(s) of fabric right side up on your work surface. Place the end of one tie at each corner of the fabric, and gather the loose end into the center, away from the edges.
- Place the other piece of fabric, right side down, on top; align edges, and pin at corners, careful to catch the end of each tie.

- Sew around the edge of the mask, using a ¼” seam allowance, and leaving about 2” unstitched so you can turn the mask later.
- Trim edges and clip corners to neaten (clipping the corners will allow you to turn the corners out more fully). Turn the mask right side out through the space you left open. Use the tip of your closed shears to fully extend the corners from inside. Press, being sure that the raw edges are turned in at the spot where you turned the mask.

TWO-LAYER MASK:
- Make 2 or 3 pleats, 1” – 1½” each, and pin to hold. Mask will be about 3 – 3 ½” tall. Press at the edges. With the pleats opening toward you, top stitch, using a ½” seam allowance, around one short and one long edge. Turn the mask and stitch the other two edges. Remove pins and trim thread ends.

THREE-LAYER MASK:
- Do not pleat. Press, and top stitch, using a ½” seam allowance, around all four edges of the mask. Trim threads.

THANK YOU for making the world safer for our neighbors in need!

**To add a third layer for better filtration, add another piece of cloth and do not pleat.